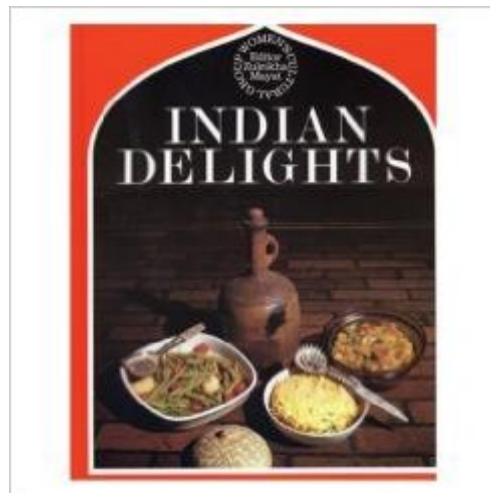


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Indian Delights



Synopsis

An Absolute Must-Have In All Household If You Love Indian Food. An Excellent Investment. You Wont Regret It. Brand New Available For Immediate Despatch From Uk. Includes A Glossary, Index And Full Colour Illustrations. Indian Delights | Cookery / Cooking Book Zuleikha Mayat 2K1 Hb 397Pp Women'S Cultural Group South Africa Cooking

Book Information

Hardcover: 397 pages

Publisher: Domain Enterprises (December 1993)

Language: English

ISBN-10: 0620056886

ISBN-13: 978-0620056885

Product Dimensions: 10 x 8.3 x 1 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (13 customer reviews)

Best Sellers Rank: #943,934 in Books (See Top 100 in Books) #318 in [Books > Cookbooks, Food & Wine > Asian Cooking > Indian](#) #8973 in [Books > Cookbooks, Food & Wine > Regional & International](#)

Customer Reviews

This book was made by the South African Indian community for a better preservation of the traditional indian cuisine. The major advantage of the book is that every recipe is well explained, with the ingredient names either in English or Indian languages. The food preparation is explained in enough details, so that even a newcomer could cook without problems. A curiosity: there is section in the book for 'large' cooking needs, such as a wedding celebration with something like 800 people!

This book has been the cooking bible of the South African Indian community for ages (irrespective of where you come from, your indian designation etc). When my wife and I moved to the States, this book was a must have. Normal Indian cooking (from India) lacks the flavor of traditional South African cuisine. I highly recommend this book to anyone wanting to taste Indian cooking with a distinct hint of Western charisma

I grew up in Zimbabwe, Southern Africa, and this book was a must for every family. When I got married and moved to US my mum bought a book for me too. I don't think a day goes by when I

don't refer to the Indian Delights for help. These recipes are almost flop free and much tastier than the regular Indian food exposed to people in America. I would highly recommend this book to any level of cook whether they are beginners or pros in the kitchen.

As said above this book was considered a bible in every home when I was back in SA. I left home without it and went dearly hunting to get one. The 2nd book the Best of Indian Delights is not as good (well it is too small) as the original one. SA Indian cooking is quite different and many people have been praising our style here. You cannot beat our samoosas and briyani. Everything is so clear and this book has been around longer than me. Reliable and damn good.

I have been using Indian Delights since it's Second revised edition. The Best of Indian Delights (circa: 1980's) is a distant second to the original. Coupled with on-hand experiences with various styles of Indian cooking back home, Indian delights is head and shoulders ahead of all the other good Indian cookbooks out there. The step-by-step method is always so much on target as is the Glossary of Indian to English condiments and food names - near the front of the book - along with comparative weight measures. Shukhriya Zulaikha Mayat, Fatima Meer & niece - who used to market Indian Delights in Virginia, USA.

I grew up in Zimbabwe and when we were shifting I had misplaced this book and my mom was very upset, then after searching for a long time I had seen it on .com. So I decided to get and surprise my mom! I would also like to thank my boss since I was in a different country so he bought it for me. My mom was so HAPPY to see it back again. I would like to thanks .com too!!! P.S. Anyone who loves to cook tasty indian food should buy this book! Thanks Rose M

I received the book in a timely manner and great condition. However to my disappointment there was almost 10 blank white pages in the middle of the book and also pages where pictures were missing. I can't tell if the blank pages were missing pictures or recipes. It's been 4 years since I moved out of South and was totally delighted when I purchased his book and am still content on keeping despite the missing pages.

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